

“The secret to fulfilling ourselves as human beings is to master the balance of maintenance and development of the cycles of life.”

– Yogi Bhajan

Lifecycles & Life Styles

**KRI Level 2 Teacher Training Module
with Siri Gian Singh Khalsa & Awtar Kaur Khalsa**

Join us for this unique six-day course (one of five Level 2 Modules) and learn about yourself and your relationship to your destiny cycles: the 7-year cycle of consciousness, the 11-year cycle of intelligence, and the 18-year cycle of energy.

In this course you will:

- Cultivate promoting habits that are in balance with the natural stages and rhythms of your life
- Invite success by defining your purpose for yourself rather than having it defined for you by fate.
- Practice a powerful form of re-birthing so that your true character can be reflected and projected.
- Learn to steward your sexuality to keep it potent and vital over your lifespan.
- Become aware of how to live and die consciously.
- Continually clear your subconscious so that you can act intentionally with grace and purpose.

February 15-17 and March 15-17, 2019

8:00 am to 5:30 pm

Sacramento training location address
is sent to students upon registration



Enrollment Fee: \$1199

Register by January 2, 2019 to save \$150!

For additional information, contact Dr. Siri Gian Singh Khalsa
at sirigiankhalsa@gmail.com or 707-357-5644



Register at www.reichianinstitute.org